

The Provincial Addiction and Mental Health Curricula and Experiential Skills (PACES) Learning Pathway

Overview

The Provincial Addiction and Mental Health Curricula & Experiential Skills Learning Pathway (PACES) is an evolving four-phase sequential learning pathway providing accessible, self-paced, and personalized mental health and addiction education for all skill levels. It advances learners from a basic understanding to a mastery of the competencies required to assess, treat, and support recovery from addictions, mental health or concurrent disorders through eLearning modules, educational videos, simulated clinical scenarios, and virtual skill-building sessions. To access the pathway or for more information, visit www.ahs.ca/paces.

The PACES Learning Pathway



Phase One: Beginning - Fundamental Concepts & Expectations for Care

Describe foundational concepts related to substance use disorders, behavioural addiction (gambling and gaming), and co-occurring mental health disorders that commonly present in individuals accessing mental health and addiction treatment services.

Phase Two: Developing - Treatment Practices for Concurrent Capable Care

Explain standard treatment practices and the skills needed for treating individuals experiencing substance use, mental health, or concurrent disorders.

Phase Three: Advancing - Simulated Clinical Scenarios and Interactive eLearning

Apply standard treatment practices for treating individuals experiencing substance use, mental health, or concurrent disorders.

Phase Four: Mastering - Clinical Skills Training with Practical Application

Apply standard treatment practices for treating individuals experiencing substance use, mental health, or concurrent disorders.

PACES consists of both Accredited Self-Assessment Learning and Simulation Activities (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the University of Calgary Office of Continuing Medical Education (CME) and Professional Development. Upon completion of each activity, the learner can request a CME certificate of participation.

The PACES Learning Pathway | 2

In addition, the PACES Beginning, Developing, and Advancing phases are duly accredited by the Canadian Addiction Counsellors Certification Federation.

© 2025 Recovery Alberta – Provincial Practice Supports



This work is licensed under a Creative Commons Attribution-Non-commercial Share Alike 4.0 International license. To view a copy of this licence, see <https://creativecommons.org/licenses/by-nc-sa/4.0/>. The licence does not apply to Recovery Alberta trademarks, logos or content for which Recovery Alberta is not the copyright owner. Disclaimer: <https://www.ahs.ca/about/Page635.aspx>